

To receive one training credit, please read the corresponding article and answer the questions below. Return the answer sheet to Community Impact Programs, Attn: Foster Parent Trainer at:

*If licensed in Racine County:* 800 Goold Street, Racine, WI 53402

*If licensed in Kenosha County:* 2108-63<sup>rd</sup> Street, Kenosha, WI 53143

Date: \_\_\_\_\_

Foster Parent Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Address: \_\_\_\_\_ City, State, Zip: \_\_\_\_\_

**What Teens Say About Spending Time and Communicating With Them Questions**

1. Making assumptions and jumping to conclusions is an effective listening tool. T or F
2. Give an example of a way to spend quality time together with your teen.
3. When communicating with your teen, approximately how much time in one hour, should the teen be talking?
4. What are some body language techniques you can use to show you are listening?
5. What does being realistic about your expectations mean?
6. Give two examples of leading by example.
7. Teens who have open relationships with their parents are better able to make positive decisions and express themselves with confidence, without succumbing to peer pressure.  
T or F