

To receive one training credit, please read the corresponding article and answer the questions below. Return the answer sheet to Community Impact Programs, Attn: Foster Parent Trainer at:

If licensed in Racine County: 800 Goold Street, Racine, WI 53402

If licensed in Kenosha County: 2108-63rd Street, Kenosha, WI 53143

Date: _____

Foster Parent Name: _____ Phone #: _____

Address: _____ City, State, Zip: _____

Temper Tantrum Questions

1. Describe some behaviors you might see when a child is having a temper tantrum.

2. Boys tend to have temper tantrums more often than girls. T or F

3. _____ commonly trigger temper tantrums.

4. Why is it important to offer a child choices, rather than ordering him or her to do something?

5. Children older than the age of _____ often use tantrums to get something they want or to avoid doing something they dislike.

6. What is the most important thing you should do when your child is having a temper tantrum?

7. If your child's tantrum escalated to the point of hitting others or throwing objects, what should you do?

8. Name three tips to help reduce or eliminate the demands that frustrate your child.

9. If your child holds his breath to the point of fainting when he has a temper tantrum, what should you do?