

To receive one training credit, please read the corresponding article and answer the questions below. Return the answer sheet to Community Impact Programs, Attn: Foster Parent Trainer at:

If licensed in Racine County: 800 Goold Street, Racine, WI 53402

If licensed in Kenosha County: 2108-63rd Street, Kenosha, WI 53143

Date: _____

Foster Parent Name: _____ Phone #: _____

Address: _____ City, State, Zip: _____

Sensible Discipline Questions

1. Describe the main difference between discipline and punishment.
2. Why is physical discipline generally ineffective?
3. From the list of parental attitudes, give two examples of what you might do to effectively discipline a child. (Example: Behavior focused: "I don't like it when you leave your toys laying all over", not "You are such a slob.")
4. What is an example of offering choices to a child that would give the child some control over their behavior?
5. How often should discipline occur?
6. When disciplining a child, why is it important to know the child's abilities and limitations?
7. Praise is an effective way to teach a child they did something well. T or F
8. If we discipline children well, name an attribute children will exhibit.