

To receive one training credit, please read the corresponding article and answer the questions below. Return the answer sheet to Community Impact Programs, Attn: Foster Parent Trainer at:

If licensed in Racine County: 800 Goold Street, Racine, WI 53402

If licensed in Kenosha County: 2108-63rd Street, Kenosha, WI 53143

Date: _____

Foster Parent Name: _____ Phone #: _____

Address: _____ City, State, Zip: _____

Self Esteem Questions

1. What are some characteristics of a child with low self esteem?
2. Define self esteem.
3. Describe the process of developing trust, then self esteem, in infants.
4. Giving a child age appropriate chores is one way to help him gain confidence and positive self esteem. T or F
5. When teaching a child a new activity, what are some important things to remember to do that will make it a successful learning experience for him or her?
6. What might a child with low self esteem say when you ask him to try a new activity?
7. When your child is starting school, what can you do to make sure you are being supportive of the possible changes in his or her self perceptions?
8. After your child has experienced a crisis or very difficult situation, you can help him or her learn from the experience by _____.
9. If you anticipate your child having to go through a difficult situation, you should always warn him and do what you can so it doesn't have to happen. T or F