

To receive one training credit, please read the corresponding article and answer the questions below. Return the answer sheet to Community Impact Programs, Attn: Foster Parent Trainer at:

If licensed in Racine County: 800 Goold Street, Racine, WI 53402

If licensed in Kenosha County: 2108-63rd Street, Kenosha, WI 53143

Date: _____

Foster Parent Name: _____ Phone #: _____

Address: _____ City, State, Zip: _____

Posttraumatic Stress Disorder Questions

1. What is the definition of Posttraumatic Stress Disorder (PTSD)?
2. Name some events that can cause PTSD in children.
3. What are some physical symptoms caused by PTSD?
4. List five “triggers” that might cause a child to feel he/she is re-experiencing a traumatic event.
5. Symptoms of PTSD usually appear between six months to one year following a traumatic event. T or F
6. Why is it important for a foster parent to understand PTSD if their foster child is affected by it?
7. What are some adaptive responses a child might develop as defense mechanisms to a traumatic experience?
8. What is the most common treatment for children with PTSD?