

To receive one training credit, please read the corresponding article and answer the questions below. Return the answer sheet to Community Impact Programs, Attn: Foster Parent Trainer at:

*If licensed in Racine County:* 800 Goold Street, Racine, WI 53402

*If licensed in Kenosha County:* 2108-63<sup>rd</sup> Street, Kenosha, WI 53143

Date: \_\_\_\_\_

Foster Parent Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Address: \_\_\_\_\_ City, State, Zip: \_\_\_\_\_

### **Adolescent Depression Questions**

1. Define adolescent depression.
2. Why is a depressed mood common in adolescents?
3. Why is true depression in teens difficult to diagnose?
4. Faltering school performance always means an adolescent is depressed. T or F
5. What are some things parents can do to prevent adolescent depression?
6. Name some symptoms of adolescent depression.
7. If a teen has symptoms of depression that last for at least \_\_\_\_\_, treatment should be sought.
8. What are some treatment options for adolescent depression?
9. List the five most common warning signs of suicide.